

The right way to do it:



The aluminium lid must be removed from the tray before heating.



The meal should cover most of the floor of the tray.



Place the aluminium tray in the middle of the microwave turntable.

Attention: if your microwave is equipped with a metal turntable, please place a ceramic or glass plate beneath the tray



Aluminium tray must not come into contact with the microwave walls Attention: minimum distance to walls: 2cm



Only one aluminium tray may be used in the microwave at a time.



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*not suitable for microwaves constructed before 1990